

### Adult Activities

#### Blue Monday

**Monday 16th 10.30-11.30**

Join us for a cuppa and beat those Monday blues and do some mindfulness colouring

#### Adult Craft Group

**Tuesdays 10.30 - 12.30pm**

Get creative in a friendly and sociable environment and make your own greeting cards for all occasions £1.50 per session

#### Aman Group

**Every Mondays 10.00-12.30**

Encouraging women (in particular) South Asian women, to improve their holistic wellbeing through gentle chair-based exercise, informed sessions, workshops, outings, singing, fun and laughter

#### Knit and Natter

**Fridays 10.30-12.30pm**

Come join us, it is a great way to meet new people, swap patterns and knitting ideas



#### Oldbury Writers Group

**Saturdays 10.00 - 12.30pm**

A friendly writers group for people who want to improve their skills and be inspired by others

#### Councillor Surgery Suzanne Hartwell

**Last Saturday of the month  
28th January 10.45 - 11.45am**

An opportunity to meet with your local Councillor Suzanne Hartwell to raise topics of local concern

#### Councillor Surgery Rizwan Jalil

**First Monday of the month  
4.00-5.00pm**

An opportunity to meet with your local Councillor Rizwan Jalil to raise topics of local concern

### One to One IT Support

Need help with basic IT, job searches, email accounts. Please ask a member of staff to book an appointment

### Barclays Digital Eagles

**Every Tuesday 10.00-2.00pm**

One to one help with Digital Banking, Finances, and Insurance needs call in or make an appointment hours

### Children's Activities

#### Play Talk Read Sessions

**Every Thursdays 10.00-11.00am**

It's story time for the under 5's join us in our weekly sessions



#### Sandy Bear Story Time

**3rd, 17th, 31st 11.00-11.20am**

Come along and enjoy a story time with your little ones



#### Children's Saturday Crafts

**Saturdays 11.00-12noon**

Come and join us for simple arts and crafts



### Library Opening Times

**Monday 9.00-5.30pm**

**Tuesday 9.00-5.30pm**

**Wednesday 9.00-5.30pm**

**Thursday 9.00-5.30pm**

**Friday 9.00-5.00pm**

**Saturday 10.00- 2.00pm**

**oldbury\_library@sandwell.gov.uk**

**0121 569 4955**

### Warm spaces offer

Including study/work spaces and hot drinks, everyday during regular opening

