

# SUPPORT FOR YOUNG PEOPLE AND PROFESSIONALS ACROSS SANDWELL: MARCH 2020



Last week, the Secretary of State for Education, Gavin Williamson, announced UK schools were to close as of Friday 20th March and "will remain closed until further notice except for children of key workers and vulnerable children, as part of the country's ongoing response to coronavirus".

Until further notice, all Brook clinics will be running an altered service, with adjustments to operating times and access. We will regularly update the public on [the status of our services](#).

Brook will do all we can to support schools, teachers, parents and young people in these uncertain times. Below we have listed a range of our resources and services. If you have any additional questions, particularly those regarding at risk children, please contact us via [midlands.education@brook.org.uk](mailto:midlands.education@brook.org.uk).

## FREE RESOURCES

Our digital resource hub contains a range of [handouts, videos and blog posts](#) to support professionals and parents in talking about relationships and sex with young people.

[Brook Learn](#) is our free e-learning platform featuring short online courses to equip you with the skills and confidence to deliver excellent relationships & sex education (RSE). It is also a useful tool to support parents to have those conversations at home. Courses include: How To Deliver RSE, Consent, Puberty, Relationships, Contraception, STIs, Abortion and more.

## NON-MAINSTREAM SETTINGS

While the majority of schools & colleges in England and Wales will be closing from Friday, we are currently adapting our services in order to continue to provide support to institutions and young people where needed.

For schools that will be remaining open to accommodate children of NHS staff, we may be able to provide some support through our services. Please get in touch with us on [midlands.education@brook.org.uk](mailto:midlands.education@brook.org.uk) if your institution will be remaining open.

If you have any questions regarding how our services can support you or concerns around the impact of our altered services, please contact us using the email [midlands.education@brook.org.uk](mailto:midlands.education@brook.org.uk).

# ONE-TO-ONE SUPPORT FOR YOUNG PEOPLE



Brook aims to continue providing one to one educational programmes for young people across Sandwell via digital methods. Our tailored one to one sessions for vulnerable young people increase resilience and self-esteem as well as reduce risk-taking behaviour. Each programme lasts for 3 to 6 hourly sessions and covers RSE topics with a focus upon the young person's wellbeing and emotional health.

Brook accepts referrals from a wide range of sources including schools, colleges, youth hubs etc. from across Sandwell. For more information or to make a referral, please contact [midlands.education@brook.org.uk](mailto:midlands.education@brook.org.uk).

## TRAINING SERVICES

We want to ensure we are still able to support teachers and schools to prepare for the introduction of mandatory Relationships and Sex Education (RSE) from September 2020. We are currently reviewing our trainings and will be in touch with updates shortly.

[More information about our training offer.](#)

If you have any additional questions about planning for the new academic year please email us on [midlands.education@brook.org.uk](mailto:midlands.education@brook.org.uk) to arrange a call.

## STAY UP-TO-DATE

For regular updates from Brook, please follow us on [Twitter](#), [Facebook](#) or [Instagram](#) where you can expect updates on our services and resources.

If you would like to sign up to our newsletter, please do so by clicking on the mail icon on our [website](#).

We will regularly update our [COVID-19 page](#) with advice and service updates around sexual health and wellbeing. This includes information on how to access emergency contraception, as well as helplines for accessing abortion care and mental health services.

Hope everyone stays safe and well.